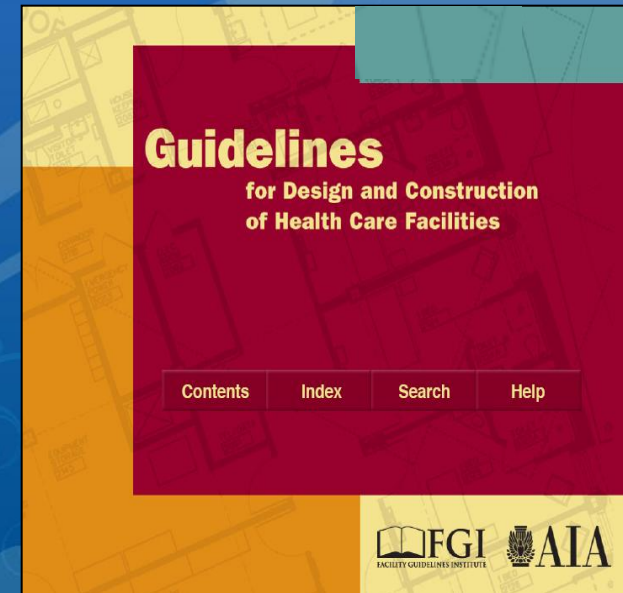


AIA Guidelines for Design and Construction of Health Care Facilities

อาจารย์ อรรณพ กิ่งขจี

Asst. Managing Director
EEC Engineering Network

ประธานกรรมการวิชาการ สมาคมปรับอากาศแห่งประเทศไทย



สถาบันพัฒนาและรับรองคุณภาพโรงพยาบาล

http://www.ha.or.th



มาตรฐานโรงพยาบาล และบริการสุขภาพ

ฉบับเฉลิมพระเกียรติฉลองสิริราชสมบัติครบ ๖๐ ปี

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สถาบันรับรองคุณภาพสถานพยาบาล (องค์การมหาชน)
The Healthcare Accreditation Institute (Public Organization)

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เกาะติด HA

- :: สรพ. จัดประชุมเตรียมความพร้อมสำหรับโรงพยาบาล ชั้น 2 สุทธิการรับรองชั้น 3 [\(อ่าน\)NEW](#)
- :: สรพ. จัดประชุมพัฒนาผู้เยี่ยมสำรวจ ครั้งที่ 1 ประจำปี 2552 [\(อ่าน\)NEW](#)
- :: วันองค์การมหาชน ครั้งที่ ๒ [\(อ่าน\)NEW](#)
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- :: พรพ. หรือ สรพ. องค์การมหาชนใหม่ เข้าร่วมงานแถลงข่าวการจัดงานวันองค์การมหาชน [\(อ่าน\)NEW](#)
- :: รับมอบของที่ระลึก สมต.กระทรวงสาธารณสุข [\(อ่าน\)NEW](#)

สื่อสาร HA

- :: แนวทางเรื่อง Hand Hygiene ขององค์การอนามัยโลก [[ดาวน์โหลด](#)]
- :: ระบบบริการสุขภาพ ๑
- รวบรวมเรื่องราวของระบบบริการ สุขภาพที่มีหัวใจของความเป็นมนุษย์ [[อ่านเรื่องทั้งหมด](#)]
- :: **มาตรฐานใหม่ 2008 UPDATE**
- มาตรฐานโรงพยาบาล และบริการสุขภาพ ฉบับ 2550 [[ดาวน์โหลด](#)] PDF :: 8.23MB

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การพัฒนาคู่มือภาพโรงพยาบาล

THIP

มทกรรมการจัดการความรู้

Joint Commission International (JCI) AIA Guidelines



Environment of Care[®] Handbook



2 N D E D I T I O N

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Improving Health Care Quality and Safety

Guidelines

for Design and Construction
of Health Care Facilities

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<http://www.jointcommissioninternational.com/>

Joint Commission International (JCI)

Preconstruction (“Infection Control”) Risk Assessment

Joint Commission standards require hospitals, ambulatory care facilities, behavioral health care organizations and long term care organizations to use the American Institute of Architects (AIA) *Guidelines for Design and Construction of Hospital and Health Care Facilities (Guidelines)* or other appropriate regulations, standards, and guidelines. In the 2001 edition of the *Guidelines*, more than half of Chapter 5, “Construction,” is new material related to infection control, including the “infection control risk assessment.” It acknowledges the hazards that construction and renovation activities can pose for the patient, resident, and client population and

PART 1 - 1.2 Environment of Care

- *(5) Safety and security. The **safety and security of patients** or residents, staff, and visitors shall be **addressed in the overall planning** of the facility consistent with the functional program.
- *(6) Finishes. The effect of **materials**, colors, textures, and patterns on patients or residents, staff, and visitors shall be considered in the overall planning and design of the facility. **Maintenance and performance** shall be considered when selecting these items.

PART 1 - 1.2 Environment of Care

*3 Sustainable Design

- Sustainable design, construction, and maintenance practices to improve building performance shall be considered in the design and renovation of health care facilities.

PART 1 - 1.2 Environment of Care

***3 Sustainable Design**

- *3.1.1 Site Selection and Development
- *3.1.2 Waste Minimization
- *3.1.3 Water Quality and Conservation
- *3.1.4. Energy Conservation

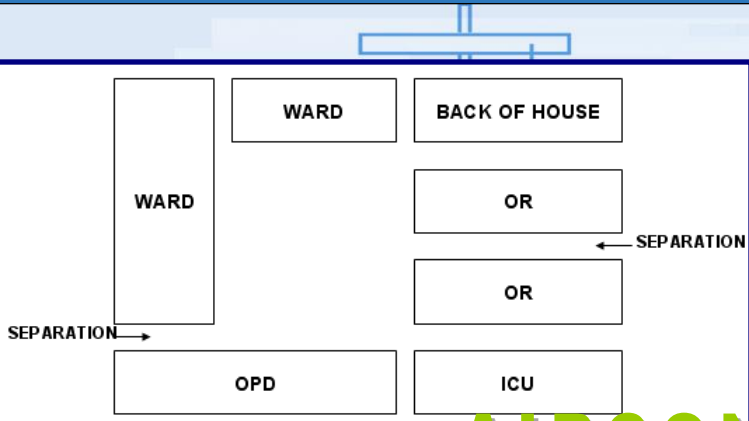
»Proper planning and selection of mechanical and electrical systems, as well as efficient utilization of spaceand climatic characteristics, can significantly reduceoverall energy demand and consumption.

PART 1 - 1.5 Planning, Design, and Construction

- **1.2.1 Infection Control Risk Assessment (ICRA)**

- During the planning phase of a project, after considering the facility's patient population and programs, the owner shall provide an infection control risk assessment. An ICRA is a determination of the potential risk of transmission of various air- and waterborne biological contaminants in the facility.

Design of Health Care



AIR CONDITIONING ZONE

Low risk	Medium risk	High risk	Highest risk
<ul style="list-style-type: none"> Office areas 	<ul style="list-style-type: none"> Cardiology Echocardiography Endoscopy Nuclear medicine Physical therapy Radiology/MRI Respiratory therapy 	<ul style="list-style-type: none"> Critical-care unit Emergency room Labor and delivery Laboratories (specimen) Newborn nursery Outpatient surgery Pediatrics Pharmacy Post-anesthesia-care unit Surgical units 	<ul style="list-style-type: none"> Any area caring for immunocompromised patients Burn unit Cardiac-catheterization lab Central sterile supply Intensive-care units Medical unit Negative-pressure isolation rooms Oncology Operating rooms, including C-section rooms

SMOKE COMPARTMENT



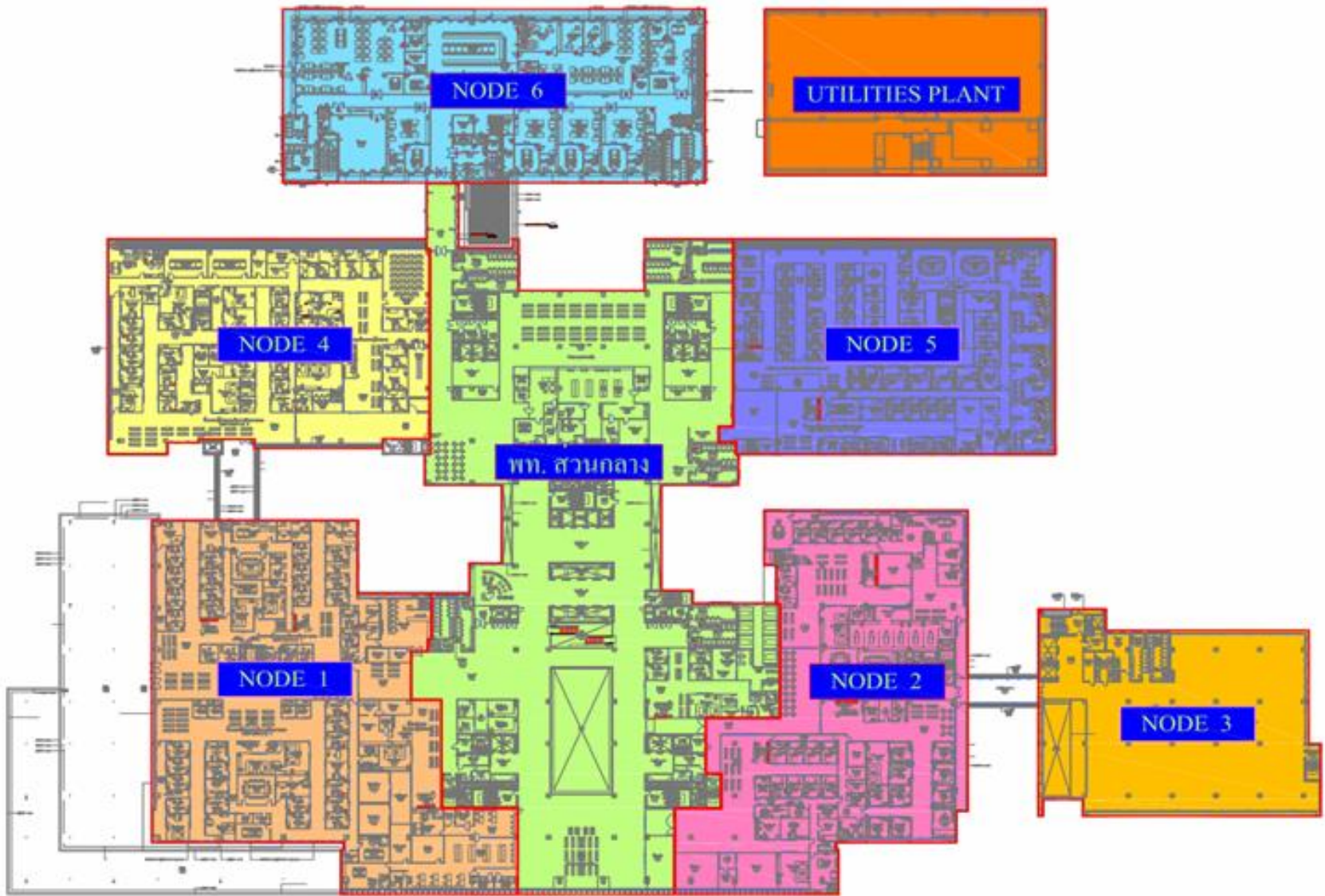
FIRE COMPARTMENT



AIRBORNE CONTAMINATION CONTROL



* อ้างอิงข้อมูลจากโครงการพัฒนารามาธิบดีสู่คณะแพทยศาสตร์ชั้นนำในเอเชีย



* อ้างอิงข้อมูลจากโครงการพัฒนารามาธิบดีสุดกะแพทยศาสตร์ชั้นนำในเอเชีย

PART 1 - 1.5 Planning, Design, and Construction

- ***4 Commissioning**
- **4.1 Mechanical Systems**
- Acceptance criteria for mechanical systems shall be specified.
- **4.1.1** Crucial ventilation specifications for **air balance** and **filtration** shall **be verified** before owner acceptance.
- **4.1.2 Areas requiring special ventilation** (such as surgical services, protective environments, airborne infection isolation rooms, laboratories, and local exhaust systems for hazardous agents) shall be recognized as **requiring mechanical systems that ensure infection control.** Ventilation deficiencies shall not be accepted.
- **4.1.3** Acceptance criteria for local **exhaust systems** dealing **with hazardous agents** shall be specified and **verified.**

PART 1 – 1.6 Common Requirements

- **2.2 Heating, Ventilating, and Air-Conditioning (HVAC) Systems**
- **2.2.2.1 HVAC ductwork**
- (1) General
- (a) Air-handling duct systems shall be designed with accessibility for duct cleaning and shall meet the requirements of **NFPA 90A**.
- (3) Fire and smoke dampers
- (a) Fire and smoke dampers shall be constructed, located, and installed in accordance with the requirements of **NFPA 101, 90A**, and the specific damper's listing requirements.

PART 2-2.1 General Hospitals

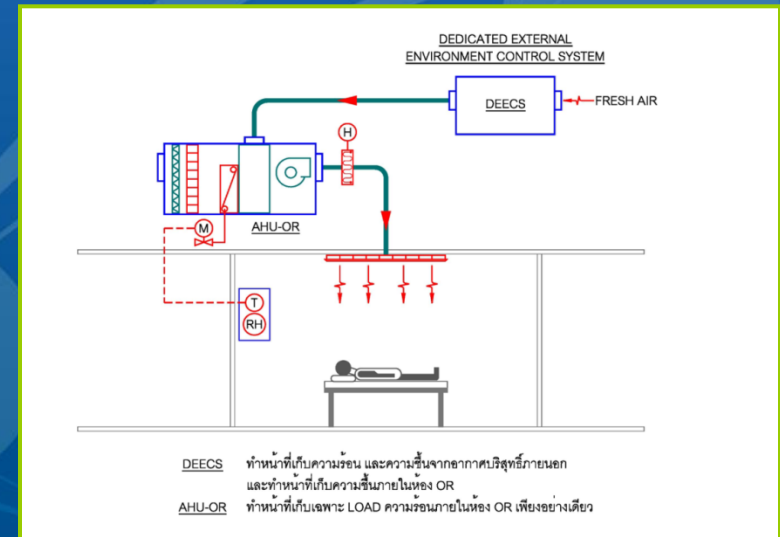
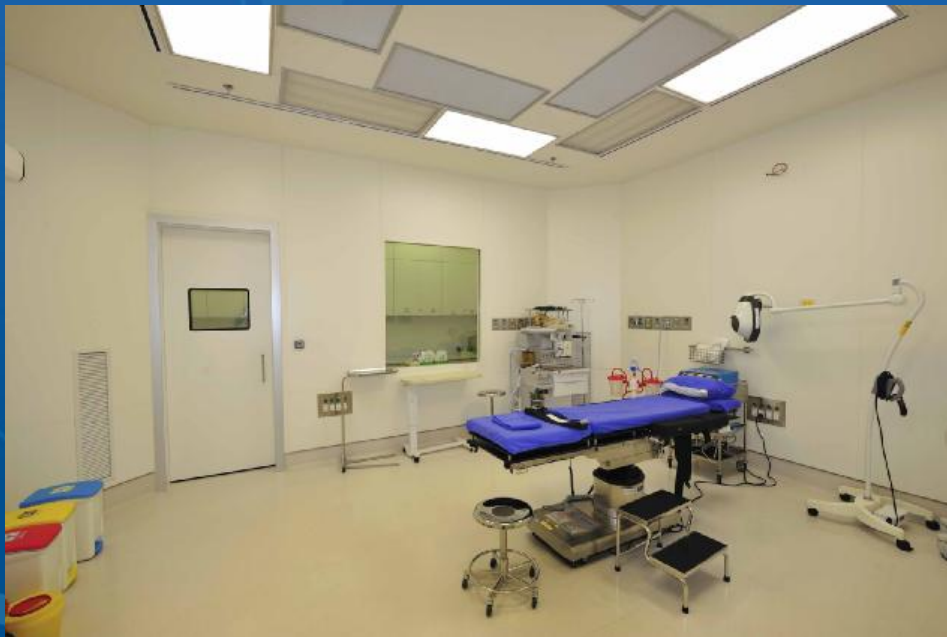
- 3 Nursing Locations
- 3.1.1 Typical Patient Rooms
- Each patient room shall meet the following standards:
- 3.1.1.1 Capacity
- (1) In new construction, the maximum number of beds per room shall be one unless the functional program demonstrates the necessity of a two-bed arrangement. Approval of a two-bed arrangement shall be obtained from the licensing authority.

PART 2-2.1 General Hospitals

- 3.3.3 Airborne Infection Isolation Room
- Access to at least one airborne infection isolation room shall be provided unless provided elsewhere in the facility. The number of airborne infection isolation rooms shall be determined on the basis of an infection control risk assessment (ICRA).

PART 2-2.1 General Hospitals

- (d) Construction requirements. Operating room perimeter walls, ceiling, and floors, including penetrations, shall be sealed.



PART 2-2.1-10.1 Plumbing

- **10.1.2.5 Drainage systems**
- (1) Piping
- (c) Insofar as possible, drainage piping shall not be installed within the ceiling or exposed in operating and delivery rooms, nurseries, food preparation centers, food-serving facilities, food storage areas, central services, electronic data processing areas, electric closets, and other sensitive areas. Where exposed overhead drain piping in these areas is unavoidable, special provisions shall be made to protect the space below from leakage, condensation, or dust particles.

PART 2-2.1-10.1 Plumbing



PART 2-2.1-10.1 Plumbing

- (2) Floor drains
- (a) Floor drains shall not be installed in operating and delivery rooms.
- (3) Autopsy table drain systems. Drain systems for autopsy tables shall be designed to positively avoid splatter or overflow onto floors or back siphonage and for easy cleaning and trap flushing.

PART 2-2.1-10.1 Plumbing

- **10.1.3.1 Clinical sinks**
- (1) Clinical sinks shall be trimmed with valves that can be operated **without hands**. Single-lever or wrist blade devices shall be permitted. Handles on clinical sinks shall be at least 6 inches (15.24 centimeters) long.
- (2) Clinical sinks shall have an integral trap wherein the upper portion of the water trap provides a visible seal.

PART 2-2.1-10.2 HVAC Systems

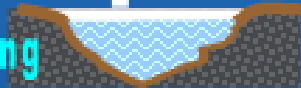
- **10.2 Heating, Ventilating, and Air-Conditioning (HVAC) Systems**
- 10.2.1.1 Mechanical system design
- (1) Efficiency. The mechanical system shall be designed for overall efficiency and appropriate life-cycle cost.

Energy Saving & Reliability

(District Energy Center Design)

DISTRICT COOLING SYSTEM

Pond Cooling



District Energy Center

- Load Sharing Design
- Saving Investment
- Energy Saving
- Operation Cost
- Reliability & Stability
- Easy Maintenance
- Flexible & Support to Siriraj 70 rai
- Support Renewable Energy

District Energy Center



Siriraj Hospital 70 RAI

* อ้างอิงข้อมูลจากโครงการโรงพยาบาลปิยมหาราชการุณ (Sirirach Toward Medical Excellence in Southeast Asia)





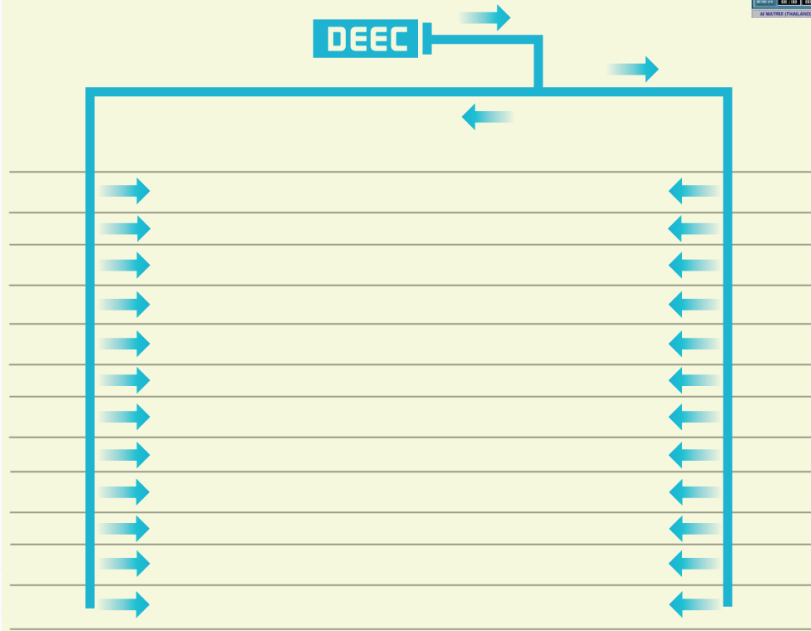
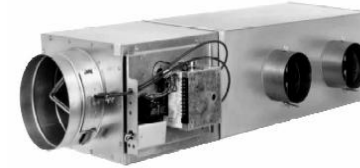
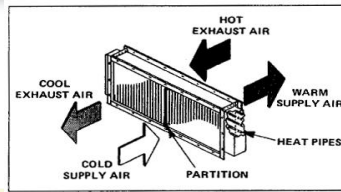


PART 2-2.1-10.2 HVAC Systems

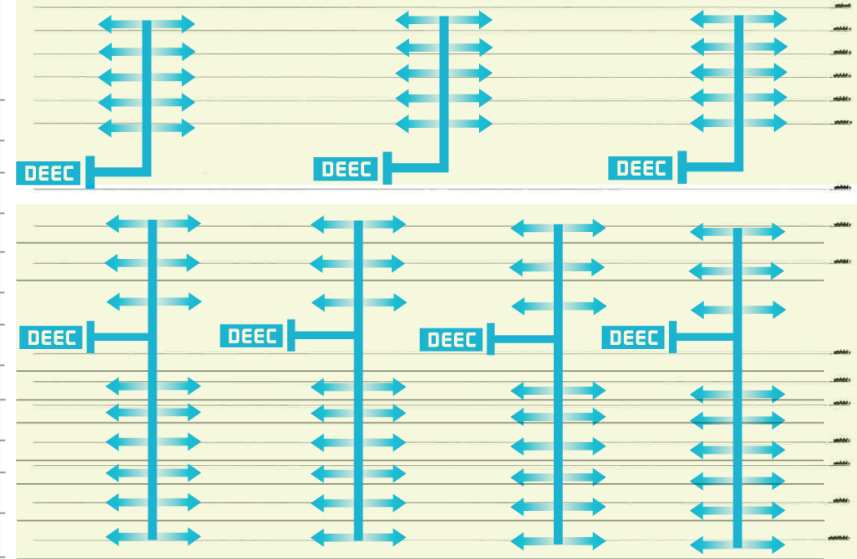
- (2) Air-handling systems
- (b) VAV systems. The energy-saving potential of variable-air-volume systems is recognized, and the standards herein are intended to maximize appropriate use of those systems. Any system used for occupied areas shall include provisions to avoid air stagnation in interior spaces where thermostat demands are met by temperatures of surrounding areas.

PART 2-2.1-10.2 HVAC Systems

- (c) Noncentral air-handling systems (i.e., individual room units used for heating and cooling purposes, such as fan-coil units, heat pump units, etc.). These units may be used as recirculating units only. All outdoor air requirements shall be met by a separate central air-handling system with proper filtration, as noted in Table 2.1-3.



SIMR BUILDING



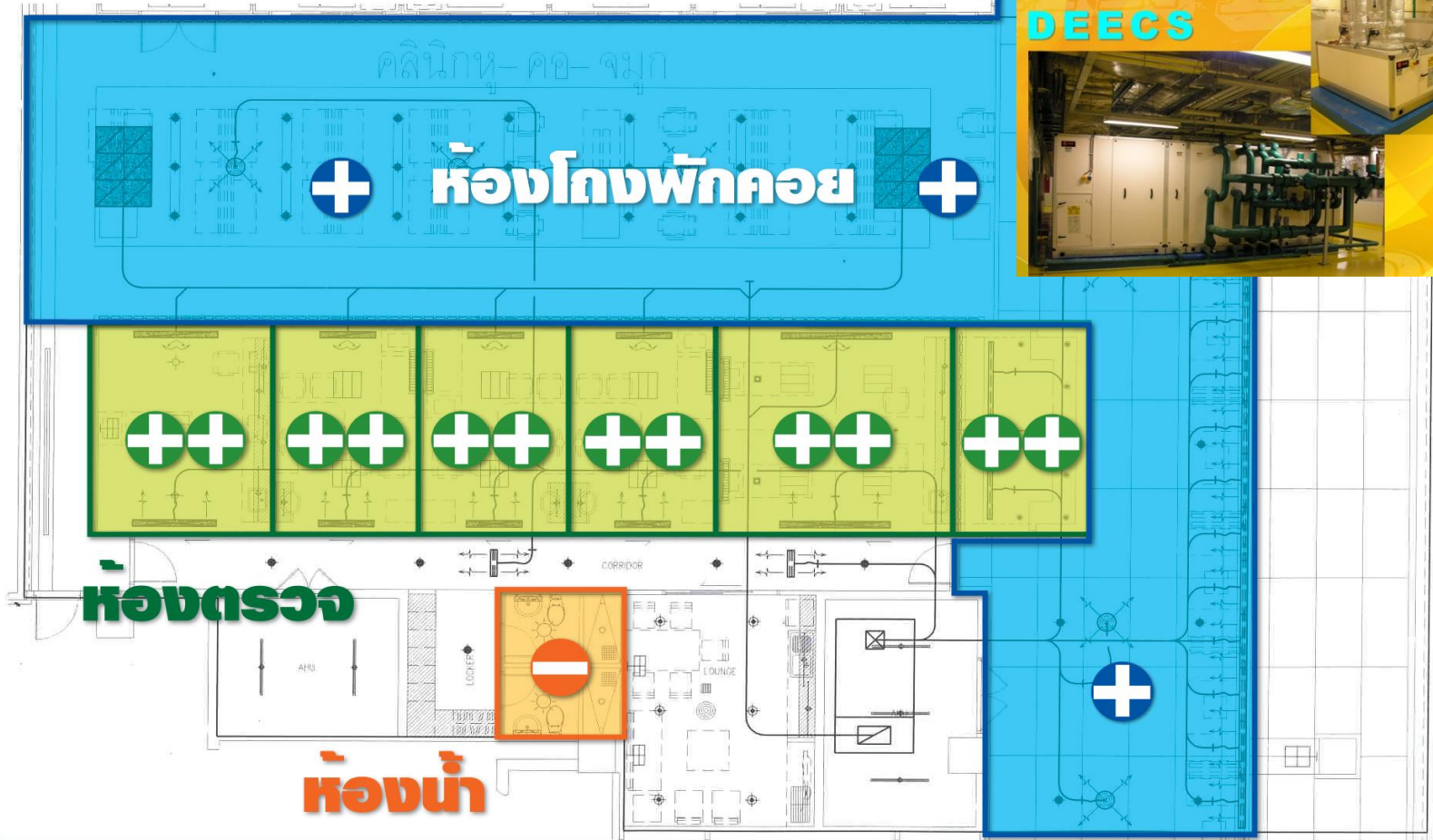
SIMC BUILDING

PRECOOLED FRESH AIR SUPPLY DIAGRAM (DEEC SYSTEM)

PART 2-2.1-10.2 HVAC Systems

- (3) Temperature and humidity. Space temperature and relative humidity shall be as indicated in Table 2.1-2.
- (4) Air movement direction. To maintain asepsis control, airflow supply and exhaust shall generally be controlled to ensure movement of air from “clean” to “less clean” areas, especially in critical areas.

Control directional of airflow movement in zone



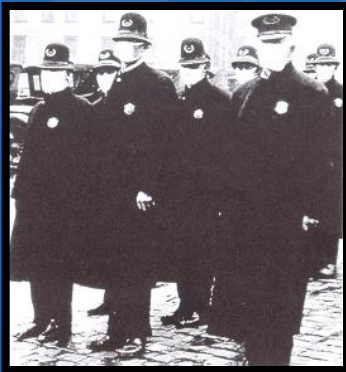
DEDICATED EXTERNAL ENVIRONMENTAL CONTROL SYSTEM
DEECS



PART 2-2.1-10.2 HVAC Systems

- **10.2.2 Requirements for Specific Locations**
- **10.2.2.1 Airborne infection isolation** rooms. The infectious disease isolation room is used for isolating the airborne spread of infectious diseases, such as measles, varicella, or tuberculosis.

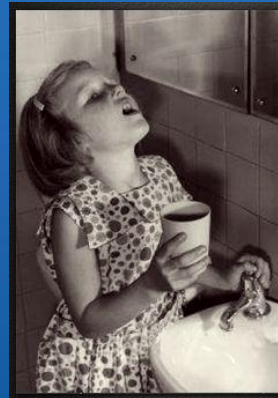
Influenza Pandemics in the 20th Century



1918: “Spanish Flu”

40-50 million deaths

H1N1



1957: “Asian Flu”

1 million deaths

H2N2

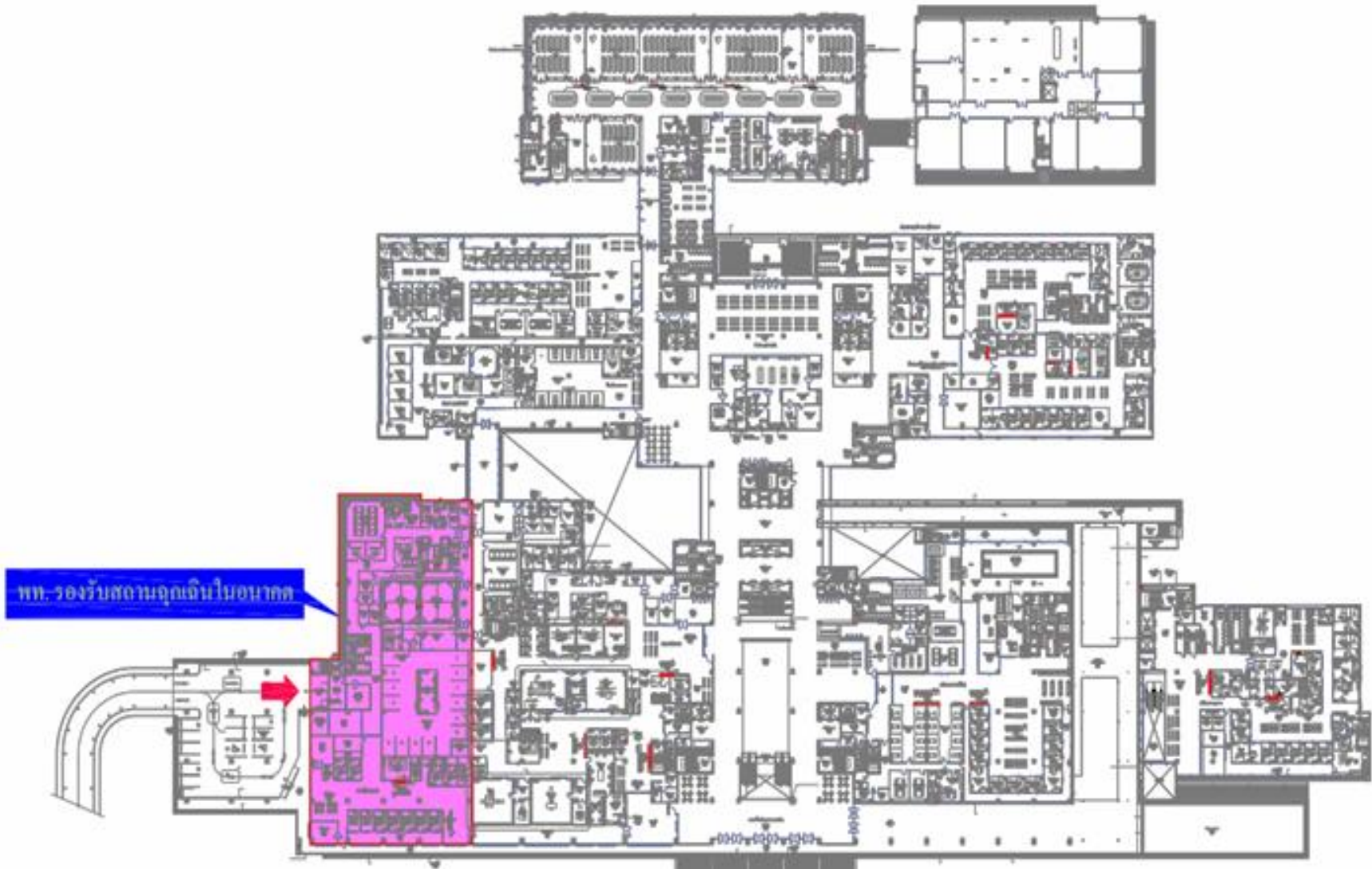


1968: “Hong Kong Flu”

1 million deaths

H3N2

ที่มา : เอกสารประกอบการบรรยายเรื่อง ความสำคัญของการควบคุมการแพร่กระจายเชื้อโรคทางอากาศในสถานพยาบาล โดย พญ.จริยา แสงสัจจา สถาบันบำราศนราดูร 13 ต.ค. 2548



* อ้างอิงข้อมูลจากโครงการพัฒนารามาธิบดีสู่คณะแพทยศาสตร์ชั้นนำในเอเชีย

PART 2-2.1-10.2 HVAC Systems

- (3) Rooms with reversible airflow provisions for the purpose of switching between protective environment and All functions are not acceptable.

PART 2-2.1-10.2 HVAC Systems

- **10.2.2.2** Protective environment rooms. The protective environment (PE) room is used to protect the patient from common environmental airborne infectious microbes (i.e., Aspergillus spores).
- (1) These special ventilation areas shall be designed to provide directed airflow from the cleanest patient care area to less clean areas.

INDOOR DESIGN CRITERIA

Recirculating Air for OR

TA = 30 ACH

OA = 5 ACH

Health Care Facilities

Table 3 General Pressure Relationships and Ventilation of Certain Health Care Facilities

Function Space	Pressure Relationship to Adjacent Areas ^a	Minimum Air Changes of Outdoor Air per Hour ^b	Minimum Total Air Changes per Hour ^c	Recirculated Air Exhausted Directly to Outdoors	Air Recirculated Within Room Units ^d
SURGERY AND CRITICAL CARE					
Operating room (all operations)	P	15 ^e	15	Yes	No
Operating room (restricted)	p	5	25	Optional	No
Delivery room (all deliveries)	P	15	15	Optional	No
Delivery room (restricted)	p	5	25	Optional	No
Recovery room	E	2	6	Optional	No
Nursery suite	P	5	12	Optional	No
Trauma room ^f	p	5	12	Optional	No
Anesthesia storage (small)	E	Optional	8	Yes	No
NURSING					
Patient room	±	2	4	Optional	Optional
Toilet room ^g	N	Optional	10	Yes	No
Intensive care	p	2	6	Optional	No
Protective isolation ⁱ	P	2	15	Yes	Optional
Infectious isolation ^h	±	2	6	Yes	No
Isolation alcove or anteroom	±	2	10	Yes	No
Labor/delivery/recovery/postpartum (LDRP)	E	2	4	Optional	Optional
Patient corridor	E	2	4	Optional	Optional
ANCILLARY					
Radiology X-ray (surgery and critical care)	N	3	15	Optional	No
Radiology X-ray (diagnostic and treatment)	N	2	6	Optional	Optional
Radiology Darkroom	N	2	10	Yes ^j	No
Laboratory, general	N	2	6	Yes	No
Laboratory, bacteriology	N	2	6	Yes	No
Laboratory, biochemistry	N	2	6	Optional	No
Laboratory, cytology	N	2	6	Yes	No
Laboratory, glasswashing	N	Optional	10	Yes	Optional
Laboratory, histology	N	2	6	Yes	No
Laboratory, nuclear medicine	N	2	6	Yes	No
Laboratory, pathology	N	2	6	Yes	No
Laboratory, serology	N	2	6	Optional	No
Laboratory, sterilizing	N	Optional	10	Yes	No
Laboratory, media transfer	N	2	4	Optional	No
Autopsy	N	2	12	Yes	No
Nonrefrigerated body-holding	N	Optional	10	Yes	No
Pharmacy	P	2	4	Optional	Optional

Patient Room

TA ≥ 12 ACH

OA ≥ 2 ACH

Isolation Rooms

TA ≥ 15 ACH (PE)

TA ≥ 12 ACH (All)

OA ≥ 2 ACH

PART 2-2.1-10.2 HVAC Systems

- 10.2.2.4 Operating and delivery rooms
- (1) Air supply
- (a) In new construction and major renovation work, air supply for operating and delivery rooms shall be from non-aspirating ceiling diffusers with a face velocity in the range of 25 to 35 fpm (0.13 to 0.18 m/s), located at the ceiling above the center of the work area. Return air shall be near the floor level, at a minimum. Return air shall be permitted high on the walls, in addition to the low returns.

PART 2-2.1-10.2 HVAC Systems

- (b) Each operating and delivery room shall have at least two return-air inlets located as far from each other as practical.
- (c) Turbulence and other factors of air movement shall be considered to minimize the fall of particulates onto sterile surfaces.

รพ.ปิยมหาราชากรณย์
คณะแพทยศาสตร์ศิริราชพยาบาล

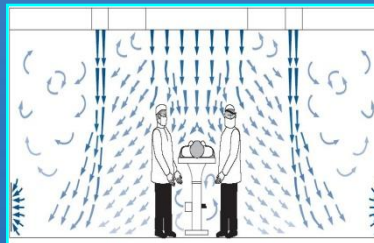
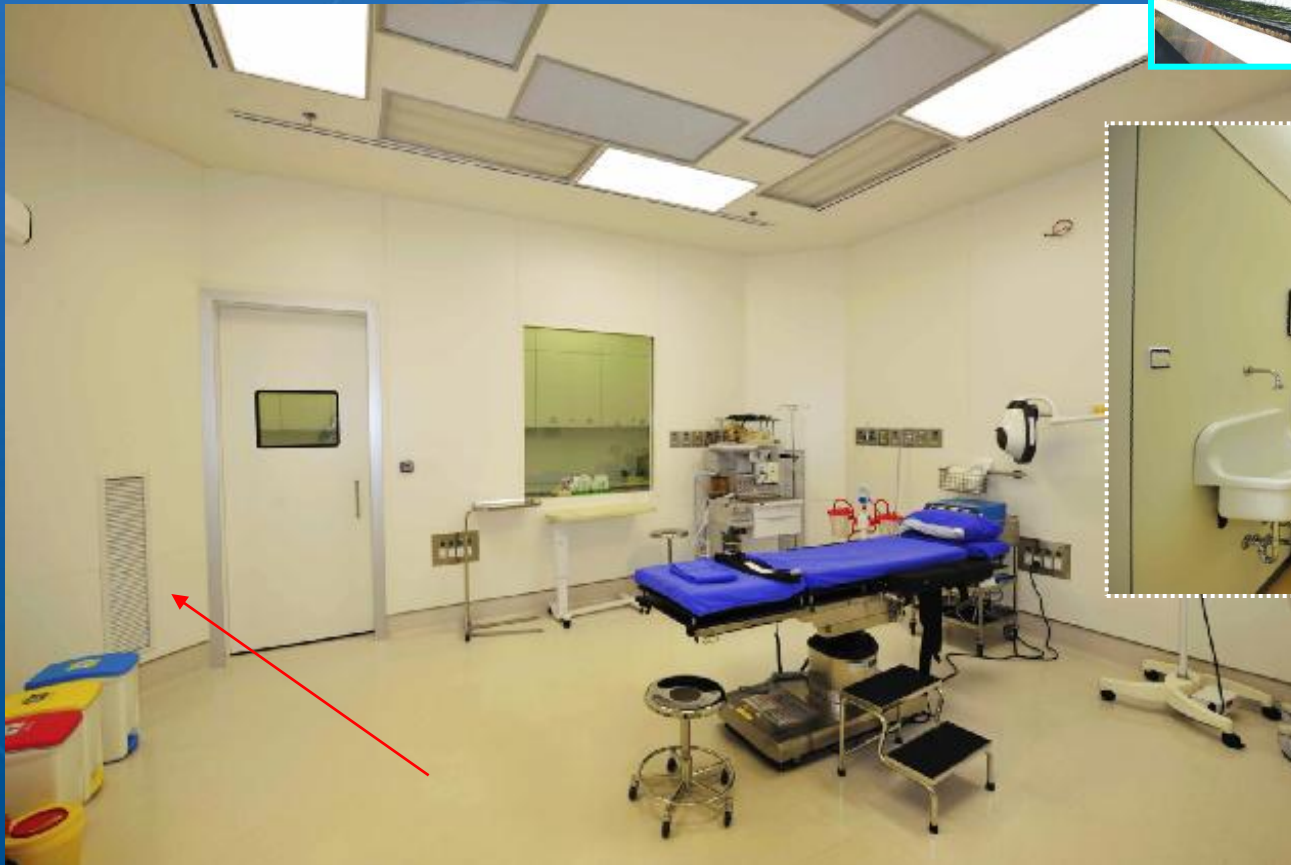


FIGURE 5:
Laminar Flow System with Perimeter Air Curtain. Good protection of the patient from all sources of contaminants.
Requires low to moderate air volumes.



Operating Theatre 18'C./55%RH.



PART 2-2.1-10.2 HVAC Systems

- (3) Ventilation rates
- *(a) Operating and delivery room ventilation systems shall operate at all times, except during maintenance and conditions requiring shutdown by the building's fire alarm system.



PART 2-2.1-10.2 HVAC Systems

- **10.2.4 HVAC Air Distribution**
- **10.2.4.1 Return air systems.** For patient care areas, return air shall be via ducted systems.

PART 2-2.1-10.2 HVAC Systems

- 10.2.5.2 Filter bed location. Where two filter beds are required, filter bed no. 1 shall be located upstream of the air conditioning equipment and filter bed no. 2 shall be downstream of any fan or blowers.

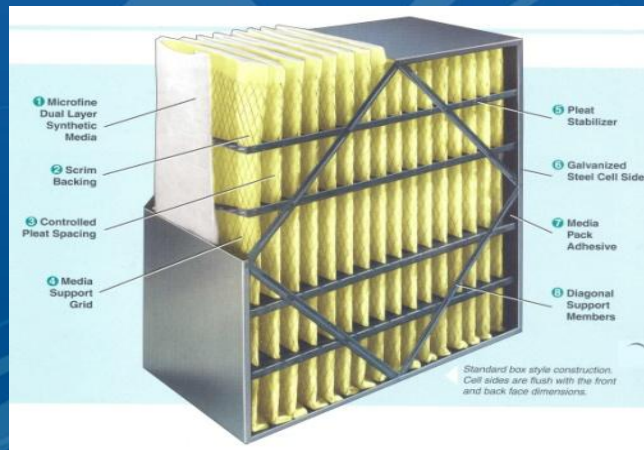


Table 2.1-3
Filter Efficiencies for Central Ventilation and Air Conditioning Systems in General Hospitals

Area designation	No. filter beds	Filter bed no. 1 (MERV, %)	Filter bed no. 2 (MERV, %)
All areas for inpatient care, treatment, and diagnosis, and those areas providing direct service or clean supplies such as sterile and clean processing, etc.	2	8 (30%)	14 (90%)
Protective environment room	2	8 (30%)	17 (99.97%)
Laboratories	1	13 (80%)	–
Administrative, bulk storage, soiled holding areas, food preparation areas, and laundries	1	8 (30%)	–

PART 2-2.1-10.2 HVAC Systems

- 10.2.5.5 Filter manometers. A manometer shall be installed across each filter bed having a required efficiency of 75 percent or more, including hoods requiring HEPA filters. Provisions shall be made to allow access to the manometer for field testing.

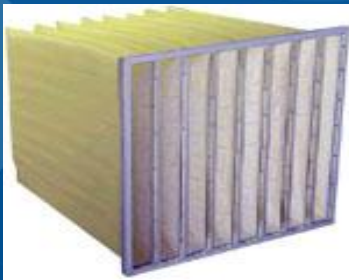


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Protective environment room	2	8 (30%)	17 (99.97%)
Laboratories	1	13 (80%)	–
Administrative, bulk storage, soiled holding areas, food preparation areas, and laundries	1	8 (30%)	–

PART 2-2.1-10.3 Electrical Systems

- **10.3 Electrical Systems**
- **10.3.1 General**
- **10.3.1.1 Applicable standards**
- All electrical material and equipment, including conductors, controls, and signaling devices, shall be installed in compliance with applicable sections of **NFPA 70** and **NFPA 99**.

PART 2-2.1-10.3 Electrical Systems

- 10.3.3.2 Panelboards
- (1) Panelboards serving critical branch, equipment system, or normal system loads shall be located on the same floor as the loads to be served.
- (3) New panelboards shall not be located in public access corridors.

PART 2-2.1-10.3 Electrical Systems

- ***10.3.6.3** Hand-washing stations and scrub sinks. If operation of a scrub sink or a hand-washing station in critical care areas, emergency departments, labor and delivery, and surgical suites is dependent on the building electrical service, it shall be connected to the essential electrical system.

PART 2-2.1-10.3 Electrical Systems

- **(2) Intermediate care rooms.** These shall have at least **four** duplex outlets per bed. The outlets shall be arranged to provide two duplex outlets on each side of the head of the bed.
- **(3) Critical care areas.** As defined by NFPA 99 and NFPA 70, including pediatric and newborn intensive care units, critical care areas shall have at **least** seven duplex outlets at the head of each bed, crib, or bassinet. Approximately **50 percent** of critical care outlets shall be connected to **emergency** system power and be so **labeled**.

PART 2-2.1-10.3 Electrical Systems

- **(6) Trauma and resuscitation rooms.** These shall have **eight** duplex outlets located convenient to the head of each bed.
- **(7) Emergency department.** Examination and treatment rooms in the emergency department shall have a minimum of **six** duplex outlets located convenient to the head of each bed. Approximately **50 percent** of emergency care outlets shall be connected to **emergency** system power and be so labeled.

PART 2-2.1-10.3 Electrical Systems

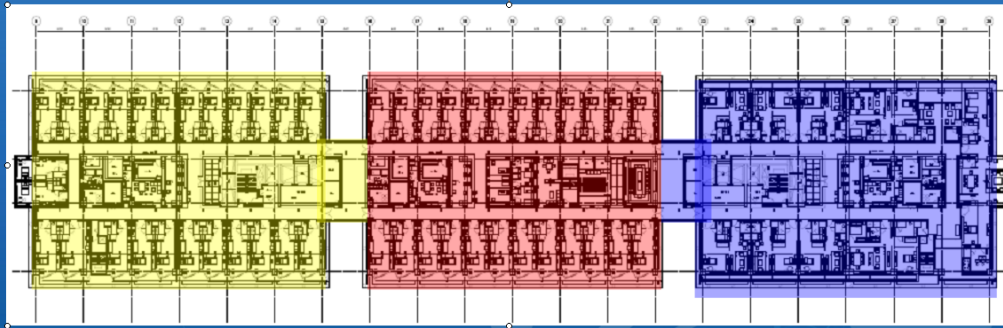
- **10.3.7.3** Emergency system receptacles. Electrical receptacle cover plates or electrical receptacles supplied from the emergency systems shall be **distinctively colored or marked for identification**. If color is used for identification purposes, the **same color** shall be used throughout the facility.



LIFE SAFTY SYSTEM

The Life Safety Approach

Fire/Smoke Compartment – Fire Alarm system

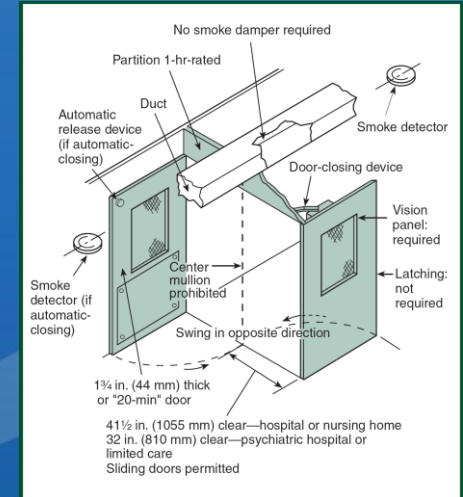
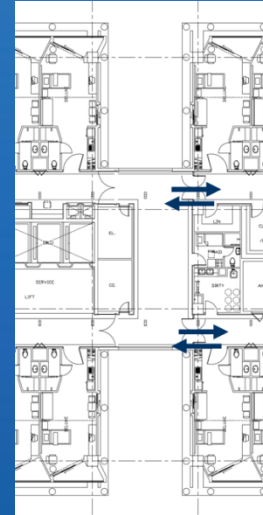


Smoke Compartment A
(1,100 ตารางเมตร)

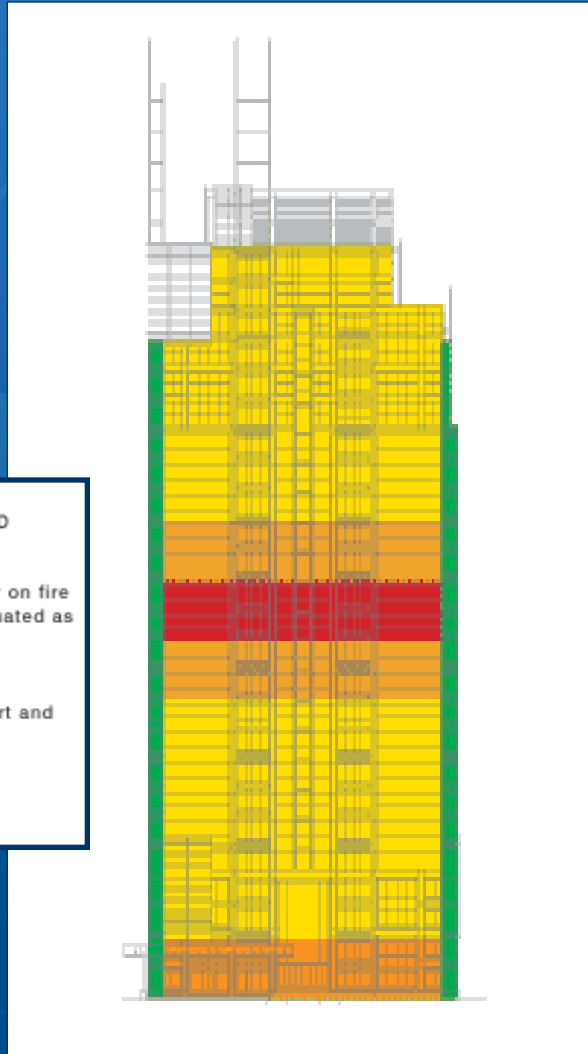
Smoke Compartment B
(1,100 ตารางเมตร)

Smoke Compartment C
(1,100 ตารางเมตร)

พื้นที่ Inpatient for sleeping (IPD) จะต้องจัดแบ่งเป็น Smoke Compartment อย่างน้อย 2 compartment โดยมีขนาดต่อหนึ่ง Compartment ไม่มากกว่า 2100 ตารางเมตรและระยะทางจากจุดใดๆ ไปถึง Smoke Compartment จะต้องไม่เกิน 60 เมตร



Voice Evacuation System



- Red square:** Floor on fire is EVACUATED
- Orange square:** Adjacent floors to the floor on fire and ground floor are evacuated as well
- Yellow square:** Other floors are put on alert and await evacuation notice
- Green square:** Staircase message

Staircase Message

Please stay calm, be careful with the stairs, help the children and elderly leave the building safely.

Evacuation Message 1

Attention Please. There is an emergency situation in the building. Please evacuate through Exit staircase A. Do not use the lifts.

Evacuation Message (Alarm Floor)

Attention Please. There is an emergency situation in the building. Please evacuate through the nearest exit staircase. Do not use the lifts.

Evacuation Message 2

Attention Please. There is an emergency situation in the building. Please evacuate through Exit staircase B. Do not use the lifts.

Warning Message

Attention Please. We are investigating an emergency in building. Please remain calm and standby for further instruction. Thank you.

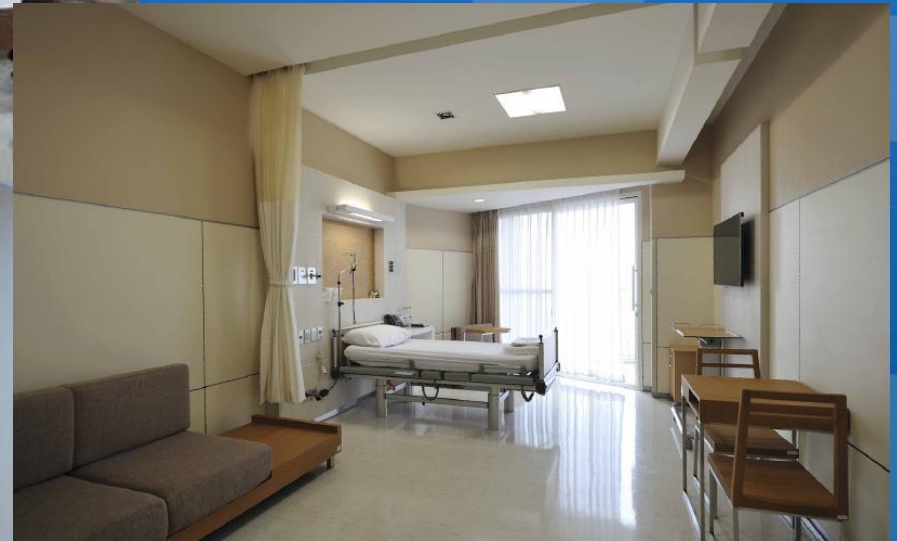
AIA Guidelines

Guidelines
for Design and Construction
of Health Care Facilities

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QUESTION & ANSWER

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อัปเดตข้อมูล

บันทึกกิจกรรม



ไทม์ไลน์

เกี่ยวกับ

รูปภาพ

เพื่อน 69

เพิ่มเติม ▾

